



Essentia Health Units Accepting Nurse Interns

Medical/Surgical, Orthopedic

This unit provides care to patients with bone fractures, degenerative diseases, joint replacement surgery and various other conditions that affect the bones and muscles. Surgeries and diagnosis cared for on this unit could include total hip and knee surgeries, shoulder surgeries, fractures, pneumonia, COPD, small bowel obstructions, influenza, GI bleed, and end of life care.

Fargo - Duluth

Medical/Surgical, Neurology

This unit provides care to neurological patients that have had spine or back surgery, as well as stroke victims. Typical surgeries and diagnosis cared for on this unit include strokes, laminectomy, complex facial surgeries, laparoscopic appendectomy, laparoscopic cholecystectomy, hernia repairs, and urology surgeries.

Fargo

General Medical/Surgical

This unit provides care to patients recovering from a broad spectrum of diagnoses such as sepsis, respiratory infections, kidney injury, gastrointestinal issues, diabetes complications, wound care and post-surgery recovery.

Duluth – Detroit Lakes – Brainerd – Virginia - Superior

Oncology

This unit provides care for cancer patients and their families across the disease trajectory including prevention, screening, diagnostics, assessment, treatment, and follow-up. Patients are often admitted with complications related to cancer symptoms or treatment, or for cancer treatment and monitoring.

Duluth

Clinical Evaluation Unit (CEU)

This unit is face-paced and provides care to patients with presenting symptoms requiring further evaluation to determine need for admission. This unit also cares for procedural and surgical outpatients including medical, cardiac, and neurological diagnosis.

Fargo

Cardiac Care (Former CIC) / Post-Coronary Care Unit

This unit is a mix of progressive care and telemetry providing care for patients that require intermittent yet high vigilance nursing. Patient diagnoses range from life-threatening dysrhythmias to post-cardiac intervention, and general medical surgical patients. This unit is a great for those with a special interest in cardiac patients or looking for a future transition to ICU.

Fargo - Duluth

Float/SWAT

Float nurses will circulate to all inpatient units within the hospital to help meet staffing needs. Skills needed to be on this team would include readiness and ability to learn, adaptability, critical thinking, and teamwork. The Float nurse can perform all technical skills required for each unit's patient population.

Fargo - Brainerd

Intensive Care Unit

This unit provides care for a wide variety of complex patients requiring close observation and intervention. The ICU serves the acutely ill surgical, medical, neurologic, and cardiac patient

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populations that require mechanical ventilation, vasoactive medications, hemodynamic monitoring, temporary pacemakers, chest tubes, as well as CRRT, IABP, ECMO, and ICP monitoring.

Intermediate care patients are also cared for in the ICU, requiring intermittent yet high vigilance nursing with diagnoses such as sepsis, respiratory failure requiring BIPAP, DKA and stroke.

Fargo – Detroit Lakes – Brainerd? – Duluth

Emergency Department

Emergency Department (ED) services all ages from newborns to geriatrics. Patients seen in this department range from having minor injuries/illness to those that are critically injured/ill. In addition, critical thinking, flexibility, teamwork, delegation, and prioritization are required to work in this fast paced and ever-changing environment.

Fargo – Detroit Lakes – Brainerd – Virginia – Duluth – Superior

Pediatrics

This unit provides care for newborns and children up to 18 years old. Nurses in this unit must be able to think critically, have high attention to detail, be calm under pressure, show compassion and have great communication with patients and families. Patient diagnoses include respiratory conditions, infections, fractures, and post-surgical procedures.

Duluth

Birthing Center

This unit provides care for patients during the perinatal period, including high risk antepartum, labor and delivery, postpartum, and cesarean patients. In addition, they care for general newborn babies and female medical-surgical patients. The Birthing Center is proud to be the only Baby Friendly designated hospital in the region.

Fargo – Detroit Lakes – Brainerd – Virginia - Duluth

NICU

This unit that provides care for premature or sick newborns experiencing respiratory distress, blood sugar instability, sepsis, neurological complications, cardiac or congenital abnormalities, and metabolic complications. While caring for premature or sick newborns, the NICU nurse offers support and guidance to parents ensuring they are educated and involved in their baby's care.

Fargo - Duluth

Procedural Units

Procedural units include the Operating Room (OR), Post-Anesthesia Recovery Unit (PACU), Endoscopy, Interventional Radiology (IR), Interventional Services Recovery (ISR), Interventional Radiology/Neurology, and Cardiac Catheterization Lab. Procedural units available for internship vary according to facility availability.

Fargo – Brainerd – Detroit Lakes

Behavioral Health

This unit provides care to help resolve mental health crisis, decrease symptoms and plan for ongoing care after returning home. Interprofessional team of experienced specialists provide compassionate, comprehensive care for patients experiencing a mental crisis. Med management, therapy, education Anxiety, PTSD, bipolar, depression, schizophrenia

Duluth



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Inpatient Rehab

This inpatient unit specializes in intensive rehabilitation services for all ages. The nurse works with an interdisciplinary team to assist patients to recover from diagnoses such as stroke, traumatic injury, amputation, spinal cord injury, post-surgery and more.

Deer River

Clinic/Ambulatory

Many different specialties are available in the ambulatory setting including walk-in, urgent care, pediatrics, ENT, cardiac, orthopedics, and more. Interns will practice patient education, triage, and specialty outpatient procedures and treatments.

Fargo – Grand Rapids

Home Health

Home health nurses work with all ages in the home setting. Interns will get to experience a wide variety of nursing skills and interventions such as assessments, wound care, injections, tube feedings, tracheostomy care, medication administration and reconciliation, along with patient and care giver education.

Fargo

Critical Access Hospitals – Ada, Fosston, Graceville

Students choosing critical access hospitals for an internship will experience many different nursing specialties including the Emergency Department and Inpatient Units, floating to the unit with the highest need.